

To: All students and members of the teaching and administration staff

## **Regarding Nanzan University's Response to the New Strain of Influenza (Swine Flu)**

As has been reported in the media, the new strain of influenza (swine flu) is spreading through Japan. We request that all undergraduate and postgraduate students, CJS students, research students and non-degree students (hereafter referred to collectively as "students") as well as teaching and administration staff, continue to follow the guidelines outlined below under the titles of: "1. Preventing infection" and "2. If infected" in order to prevent the outbreak of swine flu and to limit its spread. Further updates will be provided if the situation changes, so please regularly check the Nanzan University homepage for the latest information (<http://www.nanzan-u.ac.jp/English/index.htm>).

### **1. Preventing infection**

- Wear a sanitary mask when traveling to and from campus, and when on campus.
- Wash your hands and gargle.
- Take your temperature twice a day, once after getting up in the morning and again before going to bed at night.

### **2. If infected**

- Students or staff who display symptoms of influenza, such as coughing and a running nose, a sudden high fever, entire body sluggishness, headaches, muscle pain etc, should present themselves for a check up at the nearest medical facility.
- If you are diagnosed as being Influenza A (H1N1) positive, you are to stay at home, refraining from going to University, either to attend classes or to teach.

#### **If you are a student:**

Contact the Nagoya Campus Student Affairs Office, or the Student Welfare Section in the Seto Campus Administrative Affairs Division, Office No. 2.

#### **If you are a member of the teaching staff:**

In addition to informing the member of staff in charge of your area, such as the dean of your faculty or the chair of your department, please also inform the Nagoya Campus Academic Affairs Office or the Academic Affairs Section in the Seto Campus Administrative Affairs Division, Office No. 2 about any class cancellations. Part-time instructors should also inform the Nagoya Campus Academic Affairs Office or the Academic Affairs Section in the Seto Campus Administrative Affairs Division, Office No. 2 about any class cancellations.

#### **If you are a member of the administrative staff:**

Inform the member of staff in charge of your area.

- You may resume your work or class attendance at University once the period indicated by your doctor has elapsed. If the doctor has not mentioned a specific period, you should return to University no sooner than 48 hours after your fever subsides.

### **3. Other matters**

- There are no special measures in place or requirements regarding non-attendance if members of your family or people around you have been infected, but please ensure that you are always aware of changes in your physical condition and strive to stop the spread of infection by wearing a mask.

#### **Contact Details**

Nagoya Campus Student Affairs Office: Phone 052-832-3118 E-mail [gakusei-ka@nanzan-u.ac.jp](mailto:gakusei-ka@nanzan-u.ac.jp)

Seto Campus Student Welfare Section, Administrative Affairs Division, Office No. 2: Phone 0561-89-2018

E-mail [seto-gakusei@nanzan-u.ac.jp](mailto:seto-gakusei@nanzan-u.ac.jp)

Nagoya Campus Academic Affairs Office: Phone 052-832-3117 E-mail [n-kyomu@nanzan-u.ac.jp](mailto:n-kyomu@nanzan-u.ac.jp)

Seto Campus Academic Affairs Section, Administrative Affairs Division, Office No. 2: Phone 0561-89-2016

E-mail [seto-kyomu@nanzan-u.ac.jp](mailto:seto-kyomu@nanzan-u.ac.jp)

#### **Information regarding the new strain of influenza can be found at:**

<Latest information regarding new strain of influenza, Ministry of Health, Labour and Welfare>

[http://www.mhlw.go.jp/english/topics/influenza\\_a/index.html](http://www.mhlw.go.jp/english/topics/influenza_a/index.html)

<Ministry of Foreign Affairs homepage>

[http://www.mofa.go.jp/policy/health\\_c/index.html](http://www.mofa.go.jp/policy/health_c/index.html)

<National Institute of Infectious Diseases homepage>

[http://idsc.nih.gov/disease/swine\\_influenza\\_e/index.html](http://idsc.nih.gov/disease/swine_influenza_e/index.html)

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